

PAIN SCORE

Rating	Pain level
0	No pain
1 to 3	Mild pain (nagging, annoying, interferes little with ADLs*)
4 to 6	Moderate pain (interferes slightly with ADLs)
7 to 10	Severe pain (disabling, unable to perform ADLs)
	*ADLs is the abbreviation for activities of daily living

Reference: aucklandregion.communityhealthpathways.org