

MAORI CULTURAL CASE - Specific Aspects

GPEPI Registrar OSCE

* in addition to regular consultation checklist

Introduction

- 1 Kia ora
- 2 Clarify correct pronunciation of patient name
ie: How would you like me to address you?
- 3 Whakawhānau-gatanga Myself - talk briefly your heritage & training
Ethnicity - of patient
Tribe / Iwi - what part of motu

History

'MEI HANA MODEL'
RAINBOW
colour coding



* Signpost

When taking a history I like to take a holistic approach

covering
(spiritual
cultural
social
physical
determinants
of symptoms/health)

Aka mei hana model

is it ok to ask you questions about this

M E I H A N A M O D E L	1. <u>WHANAU</u> family support	2. <u>TAIHO</u> physical environment	3. <u>TINANA</u> physical health	4. <u>WHENGAHARA</u> mental health	5. <u>WHAKAUA</u> spiritual health	6. <u>IWI KATOA</u> health service
	- family - x immediate - x extended - friends	- house - x warm - x overcrowding - x affordable rent mortgage - work	- diet - exercise - Addictions - x smoking - x vaping - x alcohol - x illicit drugs	- mood - anxiety - sleep	- religion beliefs - special connection - x treasured 'taonga' - x place - x person	- barriers to accessing healthcare - x financial - x transport - x language - x GP availability

Management

Referral to Iwi Health Service as required
eg) SMOKING - Kaupapa Maori smoking cessation support

ALCOHOL - Kaupapa Maori alcohol support services

SUBSTANCE ABUSE - Te Aka Marino mana enhancing regional service