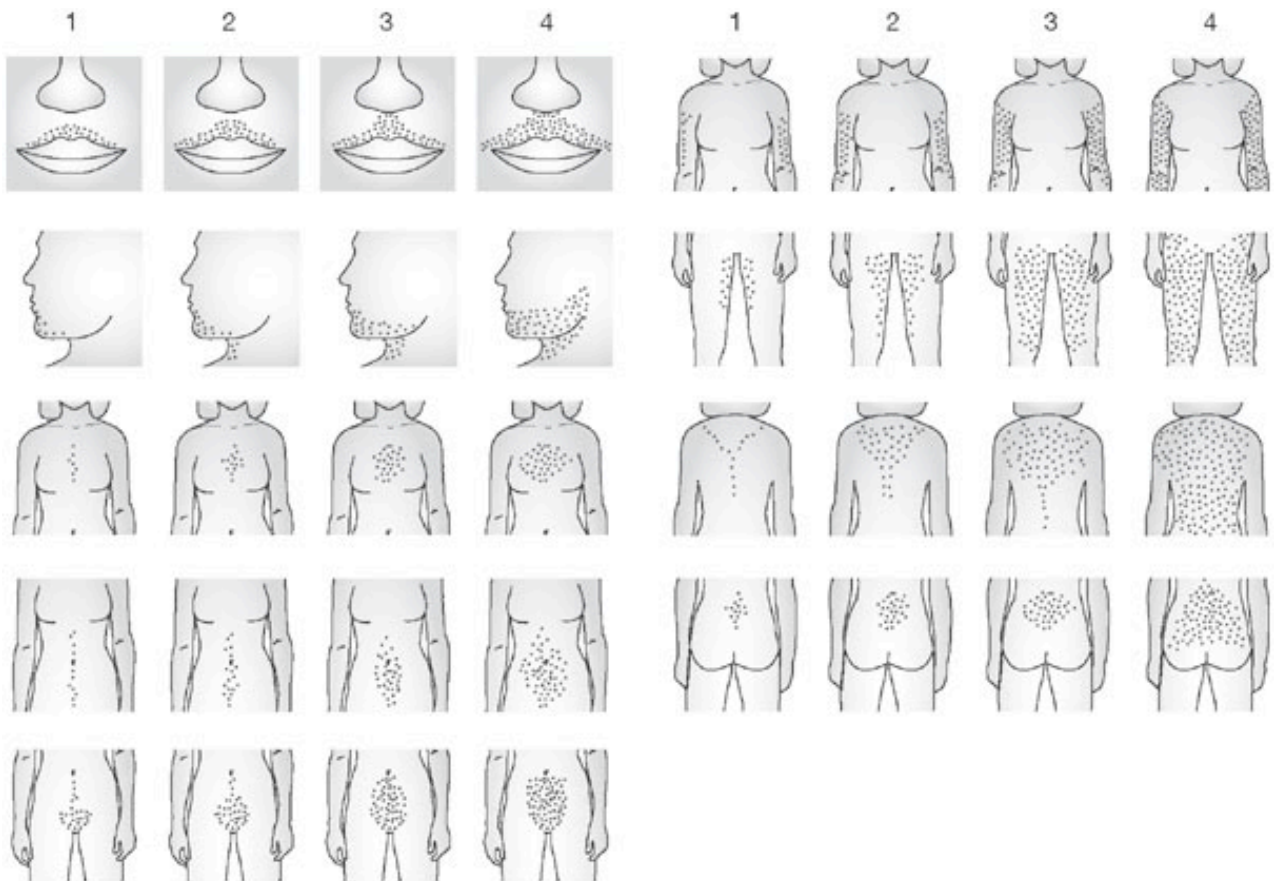




HIRSUTISM

The Ferriman-Gallwey scoring system was developed by Ferriman and Gallwey in 1961¹ and is widely used to evaluate and quantify hirsutism in women. The method was modified and now incorporates nine body regions (excludes legs and forearms) for the assessment of hair growth, rated from 0 (no growth of terminal hair) to 4 (extensive hair growth) in each of the nine locations.

The total score therefore can range from 0 to 36 and a score of ≥ 8 is considered a sign of androgen excess in Caucasian women. A score of 8 -15 indicates mild hirsutism and >15 indicates moderate or severe hirsutism. For other ethnic groups, the amount of hair expected for that ethnicity should be considered.



¹ Ferriman D, Gallwey JD. Clinical assessment of body hair growth in women. *J Clin Endocrinol Metab.* 1961;21:1440–1447.