

3-generation family tree (Auckland Regional Health Pathways)

1. See an example of a family tree (below) which general practitioners could sketch and include with the referral. The aim of this sketch is to try and make it easier and quicker for general practitioners to collect a family history.
2. Start with the patient in the centre of the page and collect information about the rest of the family.
3. A 3-generation family history sketch includes first degree relatives (children, siblings, parents), and second-degree relatives (aunts, uncles, grandparents) on both sides of the family.
4. Ask about:
 - the age at diagnosis of any medical conditions.
 - miscarriages, stillbirths, infertility, or birth defects.
 - other conditions as well as the presenting condition.
 - learning difficulties, mental illness, congenital anomalies.
5. For further information on sketching a family tree, see National Genetics Education and Development Centre – [Taking and Drawing a Family History](http://www.genomicseducation.hee.nhs.uk) www.genomicseducation.hee.nhs.uk

