

MINI MENTAL STATE EXAMINATION (MMSE)

Patient's name:

Hospital number:

ONE POINT FOR EACH ANSWER

DATE

ORIENTATION

Year Month Day Date Time

___/5 ___/5 ___/5 ___/5

Country Town District Hospital Ward

___/5 ___/5 ___/5 ___/5

REGISTRATION

Examiner names 3 objects (eg apple, table, penny)
Patient asked to repeat (1 point for each correct).
THEN patient to learn the 3 names repeating until correct.

___/3 ___/3 ___/3 ___/3

ATTENTION AND CALCULATION

Subtract 7 from 100, then repeat from result.
Continue 5 times: 100 93 86 79 65
Alternative: spell "WORLD" backwards - dlrow.

___/5 ___/5 ___/5 ___/5

RECALL

Ask for names of 3 objects learned earlier.

___/3 ___/3 ___/3 ___/3

LANGUAGE

Name a pencil and watch.

___/2 ___/2 ___/2 ___/2

Repeat "No ifs, ands, or buts".

___/1 ___/1 ___/1 ___/1

Give a 3 stage command. Score 1 for each stage.
Eg. "Place index finger of right hand on your nose
and then on your left ear".

___/3 ___/3 ___/3 ___/3

Ask patient to read and obey a written command
on a piece of paper stating "Close your eyes".

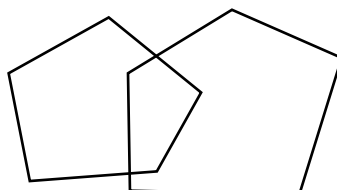
___/1 ___/1 ___/1 ___/1

Ask the patient to write a sentence. Score if it is
sensible and has a subject and a verb.

___/1 ___/1 ___/1 ___/1

COPYING

Ask the patient to copy a pair of intersecting
pentagons:



___/1 ___/1 ___/1 ___/1

TOTAL

___/30 ___/30 ___/30 ___/30

Note

- The test takes only about 10 minutes but is limited because it will not detect subtle memory losses, particularly in well-educated patients
- In interpreting test scores, allowance may have to be made for education and ethnicity
- The MMSE provides measures of orientation, registration (immediate memory), short-term memory (but not long-term memory) as well as language functioning
- The examination has been validated in a number of populations. Scores of 25-30 out of 30 are considered normal; the National Institute for Health and Care Excellence (NICE) classifies 21-24 as mild, 10-20 as moderate and <10 as severe impairment
- The MMSE may not be an appropriate assessment if the patient has learning, linguistic/communication or other disabilities (e.g., sensory impairments)

Reference: www.patient.co.uk