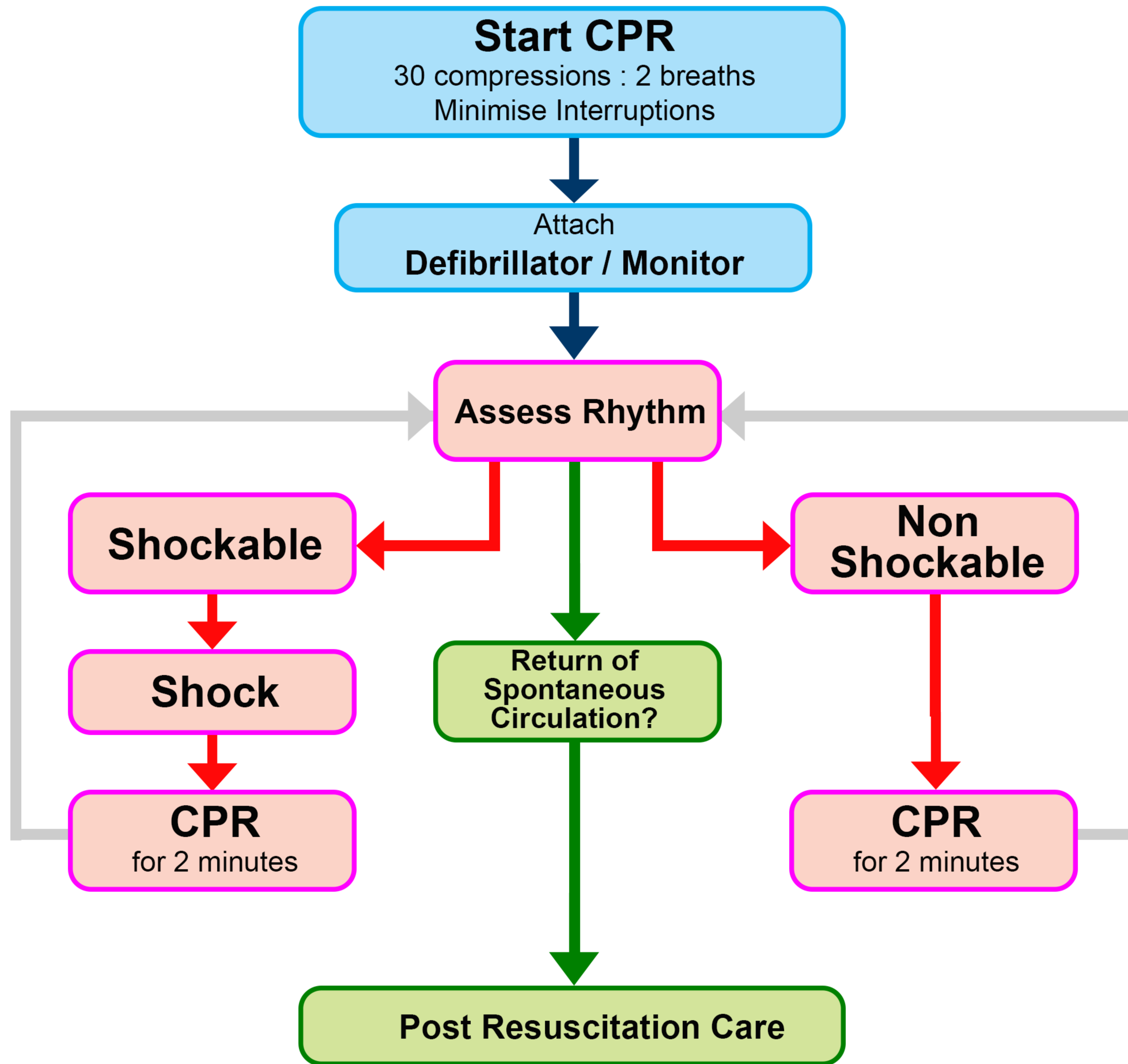


# Advanced Life Support for Adults



## During CPR

Airway adjuncts (LMA / ETT)  
 Oxygen  
 Waveform capnography  
 IV / IO access  
 Plan actions before interrupting compressions  
 (e.g. charge manual defibrillator)

## Drugs

### **Shockable**

- \* Adrenaline 1 mg after 2nd shock  
(then every 2nd loop)
- \* Amiodarone 300mg after 3 shocks

### **Non Shockable**

- \* Adrenaline 1 mg immediately  
(then every 2nd loop)

## Consider and Correct

Hypoxia  
 Hypovolaemia  
 Hyper / hypokalaemia / metabolic disorders  
 Hypothermia / hyperthermia  
 Tension pneumothorax  
 Tamponade  
 Toxins  
 Thrombosis (pulmonary / coronary)

## Post Resuscitation Care

Re-evaluate ABCDE  
 12 lead ECG  
 Treat precipitating causes  
 Aim for: SpO<sub>2</sub> 94-98%, normocapnia and normoglycaemia  
 Targeted temperature management

